How to sew a Möbius Apron

Here are the supplies you need:

- Pattern printed
- Tape
- Ruler
- 1 ¼ yards of 45” fabric for each side as this apron is reversible
- Thread that coordinates with fabric
- Piping, rick rack or decorative edging (optional)
- Sewing machine
- Scissors
- Seam ripper
- Pins
- Marking chalk

Steps:

1. The first thing to do is print the pattern. I found this pattern free on [http://www.outonthetownbib.com/apron.html](http://www.outonthetownbib.com/apron.html)
   The pdf can be downloaded there or I have also included it in these instructions. When printing the pdf, be sure to shrink to fit letter size paper. There are a total of 14 pages and you will need them all.

2. Once the pattern is printed, the pages need to be taped together matching the grid lines, letters and numbers. You will want to cut the patterns out around the heavy black line before placing them on the fabric.
3. Now to prepare our fabric. We need to make sure we have a straight edge where the fabric was cut from the bolt. To do this, we will find a loose thread in the grain of the fabric and pull on it creating a line or negative space. Cut along the negative space until you can pull a thread from one selvage to the other and it comes away clean.

4. I recommend ironing the fabric if there are any hard wrinkles. It will help make sure both sides are exactly the same and they hang on the body nice once the project is complete.

5. We are going to place the straight center front edge on the fold of our fabric. We are using 45" fabric so the pattern just fits. I want my apron to be double sided, so I will be cutting two.

6. We will also be putting a pocket on our apron, so we will want to decide if we want pockets on both sides or just one and place the pocket pattern on the fold as well. I am also adding a loop to the pocket to put a hand towel through. The loop can be cut 8 inches long by 4 inches wide.

7. Use pins or pattern weights to hold the patterns in place and cut around the patterns with a fabric scissors.

8. Once the patterns are cut out of the fabric, we want to mark where we want our pocket to be. This is where we use our marking chalk.

9. We want to turn a ¼ inch hem around the outside of the pocket and press. I turned the top down ¼ and then another ½ inch for the opening. Sew the top edge of the pocket to hem it. I sewed 1/2 inch from the folded edge to finish the top opening.

10. Then we sew the pocket onto the right side of the apron fabric. Use lots of pins to hold it in place on the right side of the fabric, it will make the sewing easier.

11. I am sewing a loop on one side to put a hand towel through. That isn’t included in the pattern, it is just something I wanted to add.

12. Once the pockets and loop are sewn on, we now pin the apron together with right sides facing each other. Now is the time to add any trim or piping to the edge of the apron. I chose to use lace on this apron. Lace doesn’t require any special settings for your sewing machine or for you to have a special pressure foot.

13. We will use a 1/4 to 3/8-inch seam allowance around the edge leaving a little extra opening in one of the shoulder areas so we can turn it right side out.

14. We will also reinforce the neck area and armpit area with an 1/8 inch reinforcement stitch so we can clip the curves so they lay flat.

15. After both pieces are sewn together, and we have clipped the neck and arm areas, we are ready to turn it right side out.

16. This takes some patience and is a slow process, but it sure makes the apron worth it. I love having two different sides.

17. Now we press the edges flat and cross over the straps and pin them one tucked inside the other and sew them together with a top stitch. This will secure them together.

18. To finish, I recommend topstitching 1/8 of an inch around the edge. You will find when you do this that it is one continuous edge because you will end where you began... which makes this a Mobius apron.
Apron Pattern

To see pictures, more patterns and sewing instructions go to:
outofthetownbib.com

Feel free to share this pattern with friends, just attach it to any email.
Bib #7
Apron/ Bib
Section R6 Main Body

pp

Full Scale Pattern

17
16
15
14
13

K
L
M
N
rr
Full Scale Pattern

Bib #7
Apron/ Bib
Section R9 Main Body
Bib #4a
Floral Vinyl Bib
Piece #S Drip Pocket
Suitable for a Narrow Bias Tape