



Summer Salad

Ingredients:

Spinach and European Blend Lettuce

Toasted Almonds

Apples

Bacon

Dried Cranberries

Toss and serve with Vinaigrette (below).

Vinaigrette Dressing:

2 cups oil

3/4 cup sugar

3/4 cup wine vinegar

1/2 cup orange juice concentrate, thawed

1 Tbsp salt

1 Tbsp dry mustard

1 Tbsp poppy seed

6 drops Tabasco

1 1/2 tsp orange zest

1/4 cup minced red onion

Set aside oil. Mix all other ingredients and put in the blender. Add oil slowly.