



Project Supplies:

Decorative Glass Jars
Epsom Salt
Coarse Sea Salt
Essential Oils and Dropper
Measuring Cup
Powder Food Coloring
Funnel
Labels

**SIMPLE
as that!**

Bath Salts

2 cups Coarse Seal Salt
1 cup Epsom Salt

Depending on your container, the ratio for the recipe is 2:1 coarse sea salt to Epsom salt. These particular test tubes hold about a quarter cup, so I measured accordingly. Mix the two ingredients thoroughly.

Next, add a few drops of the essential oil of your choice and mix well.

Lastly, if you want to add color, add two-three drops of food coloring and mix thoroughly. I played around with the colors. I like using the powder food coloring.

Next, I used a funnel to pour the bath salts into the glass containers.

I have made some labels to go on the jars, and you can find them on our Pinterest page.